

Post Abortion Syndrome is Real - but so is the help!

Symptoms Include:

• Anger • Anniversary Reactions • Atonement Baby (another pregnancy soon after the abortion) • Broken Relationships • Depression • Fear or Avoidance of Children • Fixating on Another Child • Flashbacks • Frozen Emotions • Guilt • Low Self-Esteem • Nightmares or Sleep Anxiety • Phobias and Compulsive Disorders • Problems with Parenting • Sexual Dysfunction • Substance Abuse • Suicidal Thoughts • Survivor Guilt

Whether your abortion was 40 years ago or 4 minutes - help is available. You can contact our partner H3 Helpline.

Confidential,
Compassionate
Help available 24/7



abiding Care