



# MISCARRIAGE & INFANT LOSS *Resources*



IF YOU OR SOMEONE YOU KNOW HAS MISCARRIED  
OR LOST AN INFANT, PLEASE KNOW THAT *We Care*



## GIFTS AND CARE PACKAGES

- Abiding Care - Gift baskets with the book *Loved Baby*, a devotional, and a memory bracelet.
- Gathering Hope (GatheringHope.net) – Infant loss care bags available for purchase, online counselors, yearly gatherings hosted at various locations to honor grieving moms and their babies.
- Lullaby of Hope (LullabyofHope.org) – Gift boxes for women journeying loss in the womb.
- Now I Lay Me Down to Sleep (NowILayMeDowntoSleep.org) – Remembrance portraits for parents experiencing the death of a baby. Search for a photographer by location on their website.
- Bella Joy Foundation (BellaJoyFoundation.com) – Provides comfort gifts for moms who have faced miscarriage or infant loss.
- Alice Art (AliceArt.net) – “Safe in the Arms of Jesus” note cards and artwork. \*Note cards available at Abiding Care.



## STORIES AND DOWNLOADABLE CONTENT

- Silas Project (Silas-Project.org) – Video testimonials of people’s stories of losing their babies.
- The Morning (TheMorning.com) – Free, downloadable guides for mothers who receive a life-limiting diagnosis, grieving mothers after loss, and those looking to support grieving mothers. Free, downloadable devotional and online community for mothers of child-loss.



## SUPPORT GROUPS

- Foreknown Ministries (ForeknownMinistries.org) - Weekend retreats, text message encouragement, social media community, free support groups, individual coaching, prayer and men’s resources.
- GriefShare (GriefShare.org) – Churches around the nation have GriefShare groups that walk alongside those grieving the loss of a family member or friend. Groups can be searched by zip code.
- Share – Pregnancy & Infant Loss Support Group (ShareChippewaValley.SquareSpace.com) – In-person and virtual support group located in Eau Claire, WI.

Online Support Groups:

- A Memory Grows (AMemoryGrows.org)
- Bridget’s Cradles (BridgetsCradles.com/HopeOnline)
- M.E.N.D. Mommies Enduring Neonatal Death (Mend.org)
- Waiting in Hope Ministries (Waiting-In-Hope-Connection.mn.co) - Online retreat for couples struggling with infertility after pregnancy and infant loss.

Facebook Support Groups:

- Gathering Hope: A Community for Moms After Pregnancy and Infant Loss (Facebook.com/Groups/850363201806229)
- Loved Baby: Christian Miscarriage & Pregnancy Loss Support for Women (Facebook.com/Groups/LovedBabyMiscarriageSupport)
- Zane’s Hope (Facebook.com/profile.php?id=100093252971344) – A Facebook page created to raise awareness of infant loss and give support to those who have faced such a loss.



## PODCASTS (Find on Spotify.com)

- Through the Lens by Kristin Hernandez & Holly Colonna
- Slaying the Stigma by Gathering Hope
- The Joyful Mourning by Ashlee Proffitt
- Cradled in Hope by Ashley Opliger



## MEDICAL SUPPLIES

- Abiding Care - Information on what to expect, what your care options are, and what questions to ask and expect from your doctor; a limited ultrasound to possibly confirm or rule out a miscarriage (\*\*Note, we cannot offer ultrasound to those who are actively bleeding); a comfort care bag of both practical and comforting items
- CuddleCot (CuddleCot.com) – Portable CuddleCot and CuddleBlanket allows families to cool a deceased baby, preserving their appearance, condition, and dignity without cooling the whole room.
- Caring Cradle (CaringCradle.com) – Provides a cooling cradle for mothers and fathers of stillborn babies to spend more time with their child.



## BURIAL

- Little Souls at Rest (LittleSoulsatRest.com) – Provides help finding and coordinating cemetery plots for pregnancy losses up to 20 weeks
- Bella Joy Foundation (BellaJoyFoundation.com) – Helps provide funds toward funeral costs for those who have lost an infant.
- Abiding Care – We can get you a free casket (provided by the Medford Knights of Columbus & the Holy Rosary Council of Catholic Women).



## BLOGS

- Lessons from Benji by Holly Colonna (LessonsFromBenji.Wordpress.com)
- Sunlight in December by Kristin Hernandez (SunlightInDecember.com)
- Our Loved Baby by Sarah Philpott (OurLovedBaby.com/Blog)
- The Morning by Ashlee Proffitt (TheMorning.com/Blog)
- Bridget's Cradles by Ashley Opliger (BridgetsCradles.com/Blog)



## DEVOTIONALS OR BIBLE STUDIES

- Loved Baby: 31 Devotions Helping You Grieve and Cherish Your Child After Pregnancy Loss by Sarah Philpott
- Held: 31 Biblical Reflections on God's Comfort and Care in the Sorrow of Miscarriage by Abbey Wedgeworth
- Ours: Biblical Comfort for Men Grieving Miscarriage by Eric Schumacher
- Threads of Hope, Pieces of Joy: A Pregnancy Loss Bible Study by Gwen Kik and Teale Fackler
- Anchored: A Bible Study for Miscarriage, Stillbirth, and Infant Loss by Erin Cushman



## BOOKS

- Sunlight in December: A Mother's Story of Finding the Goodness of God in the Storm of Grief by Kristin Hernandez
- Hope When the Holidays Hurt: An Advent Journal for Hurting Hearts by Kristin Hernandez
- Hannah's Hope: Seeking God's Heart in the Midst of Infertility, Miscarriage, and Adoption Loss by Jennifer Saake
- Hearing Jesus Speak Into Your Sorrow by Nancy Guthrie
- Scars That Have Shaped Me: How God Meets Us in Suffering by Vaneetha Rendall Risner
- I'll Hold You in Heaven by Jack Hayford
- Inheritance of Tears: Trusting the Lord of Life when Death Visits the Womb by Jessalyn Hutto



*This list of resources can also be found on our donor website  
([InvestingCare.org/miscarriage-infant-loss-resources](https://InvestingCare.org/miscarriage-infant-loss-resources)) or by scanning the QR code.  
The majority of the above resources have been provided by our affiliate Care Net.*

